CONFIDENTIAL PRACTICE MEMBER INFORMATION

Dr. Loriann Laugle
www.DoctorLoriann.com

Date: _____

IS VISIT ACCIDENT RELATED? ____ Yes ____ No
(If YES, please notify the receptionist)

Name _____

Mailing Address _____ City _____ State ____ Zip _____

Home Phone _____ Work Phone _____ Cell Phone _____

Email address _____ May we add you to our e-mail list? ___ Yes ___ No

Age ____ Birth Date _____ Sex _____ Marital Status _____ Number of Children _____

Occupation _____ Employer _____

Name of Spouse _____

Spouse's Occupation _____ Employer _____

Spouse's Phone Number _____

Name and Ages of Children _____

Emergency Contact Name & Phone Number _____

Whom may we thank for referring you to us? _____

REASON FOR THIS APPOINTMENT

What concerns do you feel Dr. Loriann Laugle can address for you?_____

_____

How are these concerns affecting your quality of life? Circle only those applicable to you:

Work/School	Energy levels	Sleep	Digestion/Elimination	Balance/Feel Unsteady
Focus	Walking	Sitting	Exercise/Sports	Menstrual cycle/Menopause
Mood	Eating	Driving	Love life/Relationships	Stress Management

Date symptoms appeared or accident happened: _____

Have you ever had a similar condition? ___ Yes ___ No If Yes, when and describe_____

_____

Have you ever received Chiropractic care? ❑Y ❑ N Name of D.C._____

How long under care? ❑ _____days ❑_____weeks ❑_____ months ❑ years_____
Date of last visit: _____Why did you stop?_____

_____

Have you consulted or do you regularly consult any of the following providers? (Check all that apply.)

❑ Medical Physician	❑ Naturopath	❑ Acupuncturist	❑ Homeopath
❑ Massage Therapist	❑ Psychiatrist	❑ Energy Healer	❑ Dentist

Reason why: _____

_____

FOR WOMAN

Are you pregnant? Y N Date of last menstrual period: _____

If x-rays are recommended, your signature is required (below) to indicate that you are **not pregnant**.

Signature: _____Date:_____

If **pregnant**, Due Date: _____ Name of OBGYN or Midwife _____

Where will you be birthing your baby? ❑ Hospital ❑ Home ❑ Birthing Center ❑ Other_____

HEALTH, WELLNESS & CHIROPRACTIC CARE

The information below will help us to see the types of PHYSICAL, EMOTIONAL & CHEMICAL stresses you have been subjected to and ***how they may relate to your present spinal, nerve and health status.***

PHYSICAL STRESS: BIRTH & INFANCY

The birth process can traumatize a baby's spine and cause damage to the spine & nerve system. Please indicate where and how YOU were birthed. (If you do not know, please skip to next question)

❑ Home	❑ Natural (no drugs)	❑ Breech	❑ Caesarian section	❑ Forceps/Suction
❑ Hospital	❑ Drug-induced	❑ Cord around neck	❑ Vaginal	❑ Prolonged labor

PHYSICAL STRESS: CHILDHOOD THROUGH ADULT

The minor & often ignored repetitive physical traumas that we have endured are often too numerous to list. Please list the major traumas that you remember from your childhood up to the present.

Have you had any **accidents or injuries in your life** related to any of the following? (Check all that apply.)

❑ Automobile ❑ Motorcycle ❑ Bicycle ❑ Sports ❑ Playground ❑ Abuse

If yes, state ***type of injury and date:***_____

_____

Have you ever **hurt/injured** your spine, head, neck, ribs, chest, upper or lower back, pelvis or hips? ❑ Y ❑ N

If yes, state ***type of injury and date:***

_____

_____

Have you ever **hurt, broken, fractured or sprained** any bones or joints? ❑ Y ❑ N If yes, list ***body parts injured and dates:***

_____

_____

Have you ever been hospitalized? Please include any surgeries. ❑ Y ❑ N If yes, ***state reason and dates:***

_____

_____

EMOTIONAL STRESS

It is difficult to separate the emotional stress in our life from the physical response that often occurs. Please indicate if you have experienced any of the emotional stresses below:

Childhood Trauma	Y N	Loss of loved one	Y N	Abuse	Y N
Work or School	Y N	Divorce/separation	Y N	Financial	Y N
Lifestyle change	Y N	Parents' divorce	Y N	Illness	Y N
Anxiety / Depression	Y N				

CHEMICAL STRESS

Chemical stress can occur when a substance, that is toxic to the body, is breathed, injected, taken by mouth, or placed on the skin (e.g.: food allergies, drug reactions, exposure to chemicals in the air, etc.)
The following will reveal exposures you may have had.

Were you **vaccinated?** ❑ Y ❑ N If yes, did you have a **reaction**? ❑ Y ❑ N

Have you been **exposed to** any of the following on a regular basis, (past or present)?

❑ Toxic chemicals ❑ Second hand smoke ❑ Drug therapy

❑ Radiation ❑ Chemotherapy ❑ Other

If yes, please list:_____

Do you have **allergies** to any foods? ❑ Y ❑ N **If yes, please list:** _____

_____

Do you **consume** any of the following presently?

❑ Tobacco ❑ Over the counter drugs ❑ Prescribed drugs

Please list all medications (prescribed and over the counter: _____

_____

_____

_____

Note: It is imperative that you list all medications as they may have an influence on your care.

QUALITY OF LIFE

How do you grade your **physical health**?	❑ Good	❑ Fair	❑ Poor
How do you grade your **emotional/mental health**?	❑ Good	❑ Fair	❑ Poor
How do you rate your overall **"quality of life"**?	❑ Good	❑ Fair	❑ Poor

Do you **exercise** regularly? If yes, how often? _____

Do you follow a **special dietary regime**? If yes, what? _____

EXPECTATIONS

I would like to have the following benefits from ***Chiropractic Care***: (Check all that apply)

❒ Relief of a symptom or problem

❒ Relief and prevention of a symptom or problem

❒ Healthier spine and nerve system

❒ Optimal health on all levels (emotional, physical, chemical, etc)

PLEASE READ & SIGN BELOW

The information I have provided on this case history form is true and accurate to the best of my knowledge. I give Dr. Loriann Laugle permission to render care to me. This initial visit includes a health history/consultation, chiropractic exam/evaluation, and any care that is determined to be clinically necessary and mutually agreed upon.

Signature _____ Today's Date_____

Chemical Balance Questionnaire

Name:_____Date:_____

Speed of healing is determined by **chemical balance** in the body. Chemical balance is determined, in large, by **what you eat.** Please indicate the amounts and frequencies you partake in the following **(BE HONEST!)**

***NOTE:** YOU DO NOT HAVE TO COMPLETE BOTH "PER DAY" AND "PER WEEK" COLUMNS. SIMPLY, INDICATE THE AMOUNT UNDER WHICHEVER COLUMN IS BETTER SUITED FOR YOU.

	Per Day*	Per Week*
1. Coffee / Tea (caff/decaff)	_____ cups	_____ cups
2. Red meat (beef, pork, bacon, ham, etc.)	_____ servings	_____ servings
3. Chicken/fish	_____ servings	_____ servings
4. Consume dairy?	YES / NO	
5. Water	_____ glasses/oz	
6. Fresh fruits	_____ servings	_____ servings
7. Fresh vegetables (non-canned)	_____ servings	_____ servings
8. Pasta, breads / refined grains (made with white flour)	_____ servings	_____ servings
9. Whole grains	_____ servings	_____ servings
10. Consume artificially sweetened products? (Splenda, Sweet-N-Low, Equal, Aspartame, etc.)	YES / NO	
11. Fast Food (McDonalds, Wendy's, etc.)	_____ times	_____ times
12. Fats (nuts, avocado, coconut, oils, etc.)	_____ times	_____ times
13. Processed Foods (cereals, boxed or frozen meals)	_____ times	_____ times
14. Alcoholic beverages	_____ servings	_____ servings
15. Soft drinks (regular/caffeine-free)	_____ oz	_____ oz
Diet Soda	_____ oz	_____ oz
16. Smoking	_____ packs	_____ packs

Cravings (circle ones that apply): salt sugar chocolate bitter carbs/starches ice sour/vinegar

What is a typical breakfast for you? _____

What is a typical lunch for you? _____

What is a typical evening meal for you? _____

List any vitamins/herbs/supplements you are currently taking _____
_____

Major life changes (divorce, losses, trauma, etc.): _____
_____

Name _____Date _____

Review of Systems

Check any item that applies to patient's ***current*** health:

General
- Weight loss ___
- Fever ___
- Fatigue ___

Eyes
- Glasses /contact lenses ___
- Blurred vision ___
- Eye pain ___
- Eye discomfort ___

ENT
- Ear pain ___
- Nosebleeds ___
- Sore throat ___
- Hoarseness ___
- Nasal Stuffiness ___

Cardiovascular
- Heart Murmur ___
- Irregular Heart Beat ___
- Chest Pain ___
- Fainting Spells ___
- Blood Pressure Problems ___

Skin
- Rashes ___
- Sores ___
- Itching/Burning ___

Respiratory
- Cough ___
- Wheezing ___
- Shortness of breath ___
- Apnea ___

Endocrine
- Loss of Hair ___
- Heat/Cold Intolerance ___
- Poor Growth ___
- Thyroid Problems ___

Hematology
- Bleeding Problems ___
- Anemia ___
- Easy Bruising ___
- Enlarged Glands ___

Genitourinary
- Pain with urination ___
- Blood in urine ___
- Increased urine frequency ___
- Abnormal discharge ___
- Urinary tract infection ___

Musculoskeletal
- Joint pain/swelling ___
- Weakness ___
- Muscle Pain ___

Neurological
- Headaches ___
- Seizures ___
- Dizziness ___
- Developmental Delays ___

Gastrointestinal
- Constipation ___
- Diarrhea ___
- Heartburn ___
- Blood in stool ___
- Abdominal pain ___
- Vomiting ___

Allergy
- Hives/Eczema ___
- Hayfever ___
- Medication allergies ___
- Food ___

Women only:
- Painful period ___
- Excessive flow ___
- Irregular cycles ___
- Vaginal burning/itching ___
- Hot flashes ___

Men only:
- Testicular problems ___
- Prostate problems ___

Past conditions of patient and immediate family

Patient (P) / Family member (F)

- __/__ Anemia
- __/__ Asthma
- __/__ Cancer/Tumors
- __/__ Diabetes
- __/__ Depression
- __/__ Epilepsy/Seizures
- __/__ Heart Disease
- __/__ High Blood Pressure
- __/__ Liver Disease
- __/__ Hepatitis
- __/__ Kidney Disease
- __/__ Lung Disease
- __/__ Arthritis
- __/__ Stroke
- __/__ Thyroid Disease
- __/__ Infectious Diseases
- __/__ GI Disease
- __/__ High Cholesterol
- __/__ HIV/Immune Disease
- __/__ Other

HIPPA Acknowledgement

Name of Patient _____

I confirm that I have read the "Patient Health Information Consent Form" (available at front desk and doctorloriann.com) and understand how my Patient Health Information (PHI) is going to be used in this office and my rights concerning those records.

I hereby consent to the use of my health information in a manner consistent with the Notice of Privacy Practices Pursuant to HIPAA, the HIPAA Compliance Manual, State Law and Federal Law.

Date _____ Signature _____

Financial Policy Acknowledgment

I confirm that I have read, understand, and agree to the Financial Policy (available at front desk and doctorloriann.com). I am responsible for all costs associated with chiropractic care regardless of insurance coverage. I understand the office requires a 24-hour appointment cancellation notice.

Date _____ Signature _____

Communications Policy

The following office procedures allow our office to operate in an efficient manner. By signing below, you are giving us authorization to follow through with these procedures. Should you desire something not be done, place a line through anything you refuse and initial.

- I'd like to receive appointment reminders via (circle one): TEXT / CALL / EMAIL _____ (phone # / email)
- We may need to contact you by telephone and email at home or at work regarding appointments and other matters related to care in this office.
- We may need to leave a message with another person (e.g. spouse, co-worker) or on an answering machine/voicemail at home or at work regarding appointments and other matters related to care in this office.
- We routinely have mailings (including email) from our office sent to you at your home or email address.
- We acknowledge and thank everyone who refers friends or family members to our office for chiropractic care. We would like to directly thank the person who referred you and use your name.
- We would like to be able to refer others to speak with you about your experience with Dr. Loriann Laugle.
- We often take photos of our practice members/patients and post them in the office, newsletters and on social media.

You have the right to refuse any part of this authorization without affecting your care or the relationship with Dr. Loriann Laugle.

This authorization may be revoked by you at any time. Revocation may be accomplished by advising us in writing of your desire to withdraw your authorization. Please allow a reasonable processing time for the change in our system to be completed.

Your signature indicates your authorization of these activities (unless crossed out and initialed).

Signature: _____ Date: _____